

# **Confirmation Name Form**

**Candidate Name** \_\_\_\_\_

## ***What is a confirmation name?***

A confirmation name is the name of a saint, whose life symbolizes for you what it means to live as a Christian. Since you admire this person, you take on his or her name as a reminder of how Jesus calls you to grow in developing the same type of Christ-like attitude that the saint demonstrated in his or her life. In this way, you challenge yourself to become more Christ-like in your words and actions each day.

## ***How can I find out more about the saints and their lives so that I can choose a confirmation name that really represents something special about Jesus for me?***

There are many Catholic Websites to research lists of saints with biographies of their lives. You can also do a web search for saints or a particular saint. Here are a few websites:

[www.catholic-pages.com](http://www.catholic-pages.com)

[www.catholicgoldmine.com](http://www.catholicgoldmine.com)

[www.catholic.net](http://www.catholic.net)

There are also reference books of saints in the Religious Ed. Office, which you can look over to make your decision. Another idea is to talk to your sponsor about it.

## ***What are the qualities that I might look for in the life of a saint?***

Notice how these people loved. How did they work for peace? Who served the needs of the poor and the oppressed? Who showed compassion and gentleness? Who prayed and worked so that others may come to know Christ? Who overcame their sufferings or had the courage to live and die for the Lord?

Remember, saints are ordinary people who lived extraordinary lives! We can live extraordinary lives if we live our lives for the Lord.

**I have chosen the Confirmation Name** \_\_\_\_\_

**Write a brief essay about the life of the saint you chose for your Confirmation name. Include the date of birth, where the saint lived, what he/she did, and when and how the saint died. Please include why that saint's life impressed you enough to choose that saint's name. Include qualities that the saint possessed. Additionally tell how you will try to be like your chosen saint. Essays should be a page in length, double-spaced and attached to this sheet. Copying and pasting from a web page is not acceptable. Please write using your own words. This assignment is due on January 12th.**